



145 Front St

Secaucus, NJ 07094

201-330-2094

Who can qualify for Meals on Wheels?

To be eligible for Meals on Wheels a person must: Be at least 60 years old. Be homebound. Limited to no driving. Be unable to prepare well-balanced meals. Not have anyone in the household who is able to prepare meals.

Who pays for Meals on Wheels?

Each local community sets its own payment policies based on its needs and resources. Meals on Wheels was created as a partnership between the federal government and the public. The Older Americans Act pays for approximately one third of Meals on Wheels funding, while local communities and private resources generate the rest. In Secaucus the suggested donation is \$1.75 per day.

What does Meals on Wheels do?

Benefits from Meals on Wheels:

- Helps seniors to eat healthier.
- Improves their overall health.
- Homebound seniors feel more secure.
- Allows seniors to live in their own homes independently.